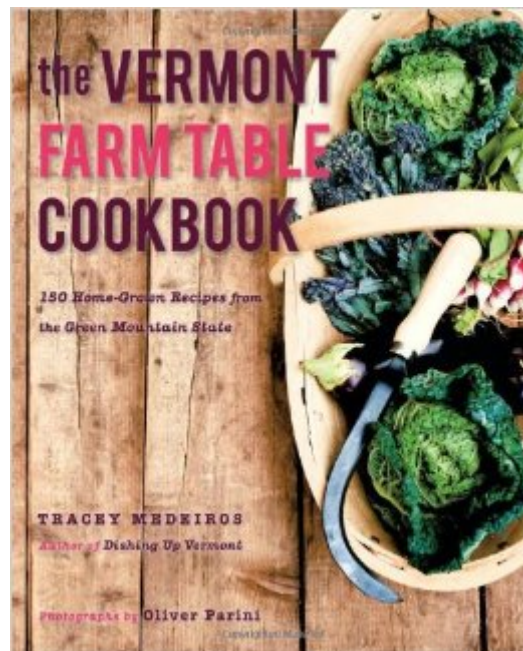


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# The Vermont Farm Table Cookbook: 150 Home Grown Recipes From The Green Mountain State (The Farm Table Cookbook)



## Synopsis

For farm-to-table cooking and dining like you've never seen it, Vermont is the place. Small, independent farms are the lifeblood of Vermont's agriculture, from the sweetcorn grower to the dairy goat farmer to the cheesemaker whose locally sourced goat milk chevre becomes the heart of a new dish by a chef in Montpelier. While this farm-to-table cycle may be a phenomenon just hitting its stride in the United States, it has long been away of life in Vermont, part of the ethos that Vermonters use to define themselves. As such, Vermont exemplifies a standard of small-scale, community-minded, unadulterated agriculture that has become a national model. When Tracey Medeiros wrote *Dishing Up Vermont* in 2008, she wanted to showcase the chefs and restaurateurs who were dazzling taste buds with their fresh, whole-food creations. With *The Vermont Farm Table Cookbook*, Medeiros has traversed the Green Mountain State once again, in search of not only those celebrated chefs but the hard-working farmers who provide them with their fresh and wholesome ingredients as well. Collecting their stories and some 125 of their delicious, rustic-yet-refined, Vermont inspired recipes, Medeiros presents an irresistible gastronomic portrait of this singular state. Classics like Vermont Cheddar Soup and exciting innovations like Ramp Dumplings or Raisin Hell Pie will send you racing to your local farmers' market in search of the ingredients. And with dishes that shout "only in Vermont," like Wood-Fired Blueberry Pizza or Beer-Battered Fiddleheads, no matter where you are you'll want to transform your tried-and-true menus into fresh and flavorful Vermont farm table suppers. Tracey Medeiros is a food writer, food stylist, and recipe developer and tester. She writes "The Farmhouse Kitchen: A Guide To Eating Local" column for *Edible Green Mountains Magazine*. Medeiros is also the author of *The Connecticut Farm Table Cookbook* (The Countryman Press, May 2015) *The Vermont Farm Table Cookbook* (The Countryman Press, May 2013) and *Dishing Up Vermont* (Storey Publishing, April 2008) honored as 2010 National Indie Excellence Awards Finalist and 2009 Best Books Award Finalist (USA Book News). She travels regionally as a guest cooking instructor sharing her commitment to the sustainable food movement while providing skillful cooking demonstrations. Full-color illustrations throughout

## Book Information

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## Customer Reviews

Love the stories of each farm where the recipes were submitted from..recipes incorporated the specialty items of the the particular farm, restaurant or dairy..I belong to a cookbook club and made two of the recipes so far, loved them.. especially blueberry pizza with carmelized onions and goat cheese. Big hit..

I loved this book more than I can say. I have lived in Vermont for 22 years and had no idea of the important connections between the farmer, the chef, food producers and the table that are revealed here. Next spring I will seek out these folks and not only taste their product but thank them for their contributions to a satisfied life in Vermont.

I have been collecting cookbooks for 50 years and read them like novels. The great cookbooks draw you in with the mouthwatering photos.This cookbook has leaves, trees and more trees but no great food shots.There are so many typos and email address errors. Just to name two email errors, Jasper Hill and Foote Brook Farm.Some of the photos don't even go with write-up on that page.The author needs a better photographer and better proof readers. Also why are there two different covers?I would not try the recipes because I doubt their accuracy

This is part cookbook and part travelogue. As you discover the farms you can try their recipes. Vermont is the Napa Valley of the East Coast. Enjoy the fresh!

It was a gift and was well received.Great recepies and nice variations. Pictures were a bonus. I would reccomend this to any level cooks.

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